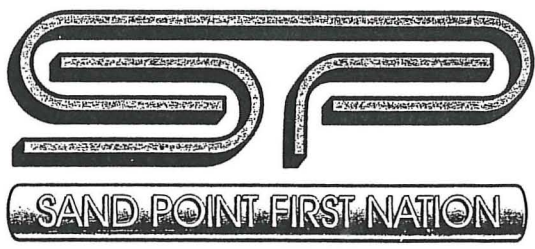


MAY  
2001

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974-B Mountain Road, Suite 100  
Fort William First Nation  
P7C 4Z2  
Phone: (807) 624-6768  
Fax: (807) 346-0578



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P.O. Box 24021  
215 Red River Road, Suite 200  
Thunder Bay, ON P7B 1A5  
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# SAND POINT FIRST NATION

## MONTHLY NEWSLETTER

MAY, 2001

### Land Negotiations Update Letter from the Chief

Hello:

As a result of the hard work and extensive lobbying to various parties, specifically, Matthew Coon Come of the Assembly of First Nations, and Charles Fox, Ontario Regional Chief, Chiefs of Ontario, the land transfer process may be finalized by December 2002. On May 1, 2001, Sand Point First Nation met with negotiators from Ontario and Canada to address the outstanding issues hindering the land transfer process.

The outstanding issues have been resolved, namely, Environmental jurisdiction and clauses pertaining to Navigable waters.

I am pleased to report that the land base negotiations have been accelerated and are in the final stages of the negotiation process.

I will report the progress to band members, as more information is made available.

Meegwetch,

Chief Paul Gladu

*Happy  
Mother's  
Day!*

### INSIDE THIS ISSUE

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- 2** Family Tree, Still Searching..., Happy Birthday to:
- 3** Greetings from the Staff,
- 4** Elder Advisory Committee, Youth Advisory Committee
- 5** Kids Page
- 6** Happy Mother's Day tribute page

## Family Tree

We are currently seeking the heritage of the Sand Point First Nation. We are asking individuals to look up their family tree and to submit a copy to the band office.

We feel that it is very important to know who our ancestors are and what became of them. Please go back as far as you possibly can; you might be amazed at what you find.

Most information can be obtained through your family, community churches, libraries, and most importantly from your elders.

Meegwetch

Staff

## Still Searching...

We are searching for any and all Band members.

It is very important that the office staff know where every one of the band members are.

The Chief and Council wish to keep all the band members up to date on what is happening, so that nobody is left in the dark.

If you move, please call in with a change of address.

Please inform us with any new additions to your families, so that our records are kept in order.

Also, if you know someone who hasn't been getting a copy of the monthly newsletter, please give the office a call to let Katie know so that she can obtain his or her address.

Chief and Council  
Sand Point First Nation

**HAPPY BIRTHDAY TO YOU!**

**HAPPY BIRTHDAY TO YOU!**

**HAPPY BIRTHDAY DEAR...**

<b>Gene Esquega</b>	<b>May 1</b>
<b>Vincent McGuire</b>	<b>May 5</b>
<b>Martin Koronkiewicz</b>	<b>May 5</b>
<b>Iris Dow</b>	<b>May 7</b>
<b>Joseph Drovin</b>	<b>May 14</b>
<b>Hilda Legarde</b>	<b>May 14</b>
<b>Rea McPhee</b>	<b>May 14</b>
<b>Gloria Esquega</b>	<b>May 15</b>
<b>Russell McGuire</b>	<b>May 15</b>
<b>Jean Dow</b>	<b>May 16</b>
<b>Jean Paul Gladu</b>	<b>May 18</b>
<b>Elise Hagar</b>	<b>May 19</b>
<b>Grace Podolchuk</b>	<b>May 20</b>
<b>Benjamin Gladu</b>	<b>May 22</b>
<b>Daniel McGuire</b>	<b>May 23</b>
<b>Jon Dow</b>	<b>May 26</b>
<b>John Johnson</b>	<b>May 28</b>
<b>Sherry-Anne Podolchuk</b>	<b>May 28</b>

**HAPPY BIRTHDAY TO YOU!**

# Greetings from the Staff of Sand Point First Nation...

## Economic Development Update

Hello,

So reported in last month's newsletter we are working very hard to ready the park for the 2001 camping season. We have been successful in receiving funding from FedNor to contact a business firm to prepare an operating business plan.

The Operating Business Plan will be finalized by May 4, 2001, however, there are still issues that must be addressed very quickly prior to the official opening of the park.

Within the next few months we will be initiating an economic strategic planning process. At this time we are seeking letters of intent and resumes from Sand Point First Nation Band Members interested to sit on the Committee. Chief and Council will complete final selection. The deadline for interested applicants is June 29, 2001.

The Strategic Plan will capture the economic aspirations of all community members as there will be two consultation components:

- 1) Development of a Shields Inventory and Training Plan
- 2) Entrepreneurship Opportunities

The Economic Strategic Plan will be targeted at developing short (within one year) and long (up to five years) term goals for economic development.

Please forward Résumé's to:

**SUMMER CAREER PLACEMENT**  
Sand Point First Nation  
P.O. Box 24021  
215 Red River Road, Suite 200, 2<sup>nd</sup> floor  
Thunder Bay, Ontario  
P7B 1A6

I look forward to reporting on the positive activities of the Economic Development Department as they occur.

Audrey Gilbeau  
Development Consultant

## Health Department

Hello, I hope every one is enjoying spring as much as my family and I are.

There are just a few things I would like to mention this month...

First of all, I would like to thank all the parents who have picked up the Easter baskets for their children. Those of you who haven't, please do so by May 30<sup>th</sup>, 2001. Any baskets left over will then be donated to a local charity house.

Second, the Health Resource Library here at Sand Point is now available to any members. Just give me a call and I will gladly help you in any way I can.

Also, there are many different organizations in Thunder Bay available to Sand Point Band members. For instance...

Dilico – which offers counseling services, a personal support worker program, and many more areas in health.

Thunder Bay Indian Friendship Centre – has a Life Long Care Program geared towards Elders.

Anishinawbe Mushkiki – offers a whole range of different programs some including, a community kitchen, low impact aerobics, all kinds of workshops, crafting, etc... They also have doctors who come in but you must have an appointment to see them. They also have nurse practitioners on staff.

For more information on any of these programs, please do not hesitate to call me at the Band Office.

Leona Clark  
Education/Employment Coordinator

## Resource Centre

We are pleased to announce that our resource center will be open to all members on June 1, 2001.

The resource centre is equipped with five workstations with all having Internet connection. As well, the staff is available to assist in job search, resume preparation and information gathering.

The resource centre was made possible thanks to the generous contribution from Industry Canada—Fed Nor.

## Elders Advisory Committee

The Chief and Council are requesting from the Elders of Sand Point First Nation to form an "Elders Advisory Committee". For those Sand Point Elders who are interested, please contact Albert Gladu, Band Manager @ 807-346-0550.

## Youth Advisory Committee

The Chief and Council are requesting letters from interested Sand point youth members to sit in an advisory capacity to Chief and Council.

A Terms of Reference will be developed, however, at this time we are requesting a letter indicating interest along with a resume by **June 15, 2001**.

It is the intention of the Chief and Council to formalize the "Youth Advisory Committee" by September 2001.

## Household Hints

### Kitchen

- Double the life of soap filled scouring pads by cutting them in half.
- Scouring pads will never rust if you sprinkle a little baking powder in the bottom of the dish in which they're stored.
- A burnt pan will scrub out with less work if you apply a paste of baking soda and water and allow it to sit several hours or overnight.
- Hard to clean pots wash out easily if you boil bay leaves in them for 15 to 20 minutes. Use a small amount of water and cover pot.

### Natural Bug Repellents

- Dried bay leaves—good for kitchen cabinets
- Coffee grounds---good for doors and windows
- Petroleum jelly—fill in the cracks in walls or around the sink
- Mint leaves---plant them near entrances and windows
- Cayenne pepper—good in cabinets or on counter tops
- Whole cloves---wedge them into corners of cabinets, or drawers

## Staff

Chief	Paul Gladu
Council	Phyllis Michon
Band Manager	Albert Gladu
Finance Officer	Brenda Huntus
Finance Clerk	Jessica Clarke
Development Consultant	Audrey Gilbeau
Education/Employment Coordinator	Leona Clarke
Political Advisor/Consultant	Wilfred King
Secretary/Receptionist	Katie Borysewicz
Clerical Support	Camille Borysewicz

## Hours of Operation

**Monday-Friday: 9:00am-4:30pm**

### Submissions

If there is anything you would like to submit to our monthly newsletter, be it poems, news, recipes, etc., please have items submitted by the 25<sup>th</sup> of the month. As it will be published in the following month's newsletter.

All items can be mailed or dropped off to the Sand Point First Nation band office. Please address submissions to Katie.

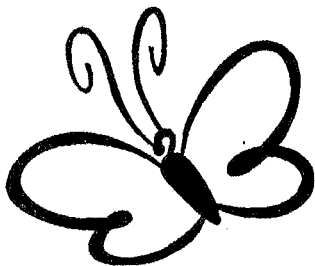
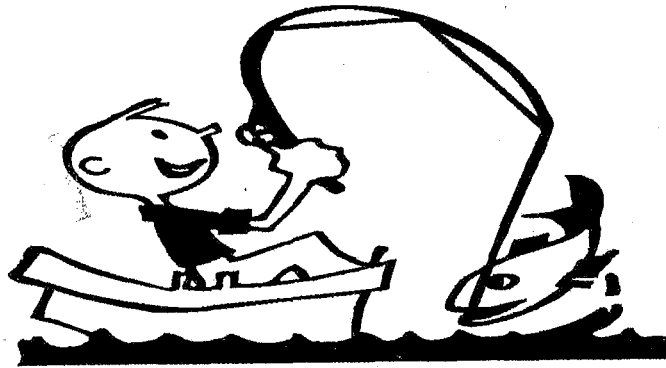
# KIDS PAGE

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## WORD SEARCH

### "BIRTHDAYS"

- |             |        |
|-------------|--------|
| CELEBRATION | LOVE   |
| PRESENTS    | AGE    |
| CARDS       | PARTY  |
| LAUGHTER    | GAMES  |
| GIFTS       | HUGS   |
| BALLOONS    | KISSES |
| FRIENDS     | SMILES |
| WISHES      | FUN    |
| DREAMS      | BUMPS  |
| SPECIAL     | CAKE   |



# Happy Mother's Day!!

## The Mother Psalm

The Lord is my co-pilot,  
I shall not rush,  
He maketh me hit all the green traffic  
lights.  
He leadeth me through shopping hassles.  
He restoreth my composure.  
He giveth me strength to make ends meet,  
for my family's sake.  
Yea, though I walk through the valley of laundry  
I will fear no evil,  
For Thou art with me,  
Thy perspective and sense of humour  
They comfort me.  
Thou prepareth a table before me with the  
assistance of take out.  
Surely clutter and confusion shall follow me  
most of the days of my life,  
But I shall dwell in a happy home forever.

Author Unknown



*A Mother's love is forever strong,  
Never changing for all time...  
and when her children need her  
most, a Mother's love will shine.*

## Wild Rice and Corn Salad

(Serves 4)

4 cups water  
1-teaspoon salt  
2/3-cup wild rice  
2 ripe tomatoes  
3 scallions  
1 cup cooked corn kernels  
¼ cup olive oil  
2 tablespoons balsamic vinegar  
Salt to taste  
Freshly ground black pepper to taste  
¼ cup silvered almonds, toasted  
Washed lettuce greens

## Method

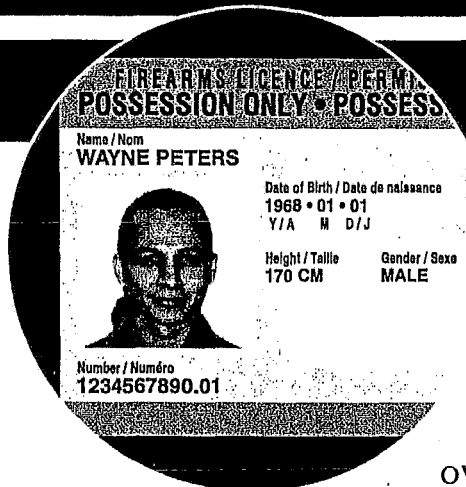
Bring the water and salt to a boil in a large  
saucepan.  
Add the wild rice; reduce heat, and simmer, partly  
covered, until tender, about 40 minutes.  
Drain and rinse rice under cold water.  
Peel, seed, and dice the tomatoes. Chop scallions,  
including the green tops.  
In a bowl, combine the wild rice, tomatoes,  
scallions, and corn kernels.  
In a small bowl, whisk together the olive oil,  
balsamic vinegar, and salt and pepper.  
Pour over wild rice-corn mixture and toss.  
Adjust seasoning to taste. Let stand, covered, at  
room temperature until ready to serve. (you can  
prepare this several hours ahead.)  
Add toasted, slivered almonds, toss, and serve on  
lettuce greens. ENJOY!

# Important Information

for all Canadians about

## responsible firearm ownership

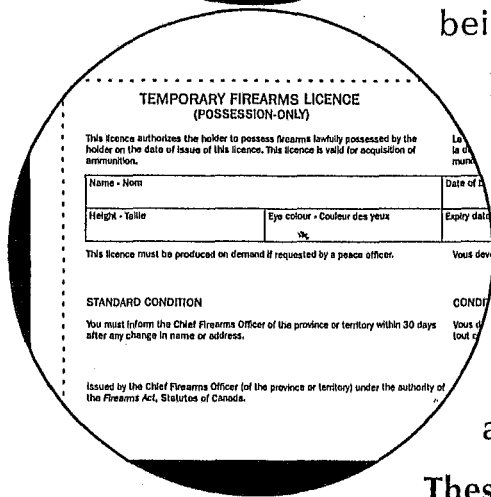
### An update on licensing



The law requires that firearm owners be licensed by January 1, 2001.

1.7 million Canadians have already complied with the licensing requirements of the *Firearms Act*.

And recently, Canadians have sent in their firearms licence applications in record numbers. To meet this overwhelming demand, temporary licences are now being issued to eligible firearm owners.



Public safety remains the cornerstone of the firearms program.

For example, temporary licences are only being issued to those who are successfully screened against Canadian Police Information Centre (CPIC) databases. And, like current licence holders, those with temporary firearms licences will be continuously screened against police databases. Firearms licences will be issued only to those found eligible after further screening.

These public safety checks conform to the *Firearms Act* and keep firearms away from those who should not have them.

Temporary licences will be issued to eligible firearm owners who applied in the fall. Temporary licence holders are not permitted to acquire firearms. However, they will be in legal possession of their firearms and they will be able to purchase ammunition as of January 1, 2001. Temporary licences are only valid until June 30, 2001 or until those eligible receive their 5-year licence.

For more information, assistance or forms, call 1 800 731-4000 or visit our Web site at [www.cfc.gc.ca](http://www.cfc.gc.ca)

Canada