



# June/July Newsletter



**Sand Point Park**

For more pictures,  
turn to page 4

## Chief's Message

Hello,

Hope everyone is enjoying their summer. We would like to update you with some of our activities that we have been working on for the best interest of Sand Point.

We have had the opportunity to have some of our Elders come in to the office to brief them on Sand Point's issues and also to update

them on the future of Sand Point and to obtain their input.

We are also looking forward in having an upcoming meeting (to be announced shortly) to discuss many issues, mainly governance that the Minister of Indian Affairs Robert Nault is trying to put in place. Along with that,



You are always welcome  
at Sand Point

Sand Point's office will always be available to obtain information to do with governance for anyone who is interested.

Chief Paul Gladu

Volume 1: Issue 3  
June/July 2001

### Inside this issue:

<i>Chief's Message</i>	1
<i>Political Perspective</i>	2
<i>Program Development</i>	3
<i>Resource Centre</i>	3
<i>Happy Birthday to...</i>	4
<i>Sand Point Park</i>	4
<i>Recipe</i>	5

## A Belated Happy Father's Day!



We would like to wish a belated Happy Father's Day to all the father's, dad's, daddies and papa's.

## WHAT IS A DAD?

A dad is a person who is loving and kind, and often he knows what you have on your mind. He's someone who listens, suggests, and defends. A dad can be one of your very best friends! He's proud of your triumphs, but when things go wrong, a dad can be patient and helpful and strong. In all that you do, a dad's love plays a part. There's always a place for him deep in your heart. And each year that passes, you're even more glad, more grateful and proud just to call him your dad!

-Author Unknown

## Political Perspective

Hello:

Sand Point First Nation continues to be very active in many areas. Issues relating to Aboriginal & treaty rights are at the forefront of our political agenda. More recently, Minister Robert Nault of the Department of Indian Affairs had announced that the *Indian Act* will be replaced by the new *First Nations Governance Act*. It has been proposed that this new legislation will come into force on or before April 1, 2003. Assembly of First Nations Grand Chief Matthew Coon Come has requested that First Nations reject this new legislation because it is driven by Ottawa and not by our people. Sand Point First Nation has not had the opportunity to review or comment on this new proposed legislation at this time. However, here is some background information in regard to the new proposed legislation:



*Governance is a change of authority which would shift the primary relationship between the Government of Canada and Chief and Council, to one between First Nations governments and First Nation members. This is a fundamental change which would better reflect the capabilities of First Nations operating under the "Indian Act" to create long-term stability and foster economic agendas designed by, and with, local interests. The term governance refers to a structure for First Nations to direct and manage First Nation affairs. The goal of First Nation governance is to improve the well-being of First Nation communities and to protect assets such as land, buildings and money. (copied in summary from "Indian and Northern Affairs" web site)*

As well I would like to inform the members of Sand Point First Nation that my last official day with Sand Point First Nation is June 30, 2001. I have accepted a position with a local law firm and will be commencing my articles in July. Upon completion of my articles, I will be studying for and will be writing my bar admission exams for the Law Society of Upper Canada. It has been an honour and a privilege to work for Sand Point First Nation over the past year. I look forward to seeing Sand Point First Nation grow and prosper in the years to come.

*"It has been proposed that this new legislation will come into force on or before April 1, 2003."*

Meegwetch,

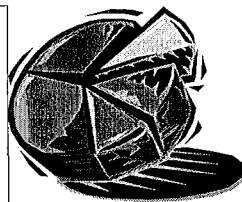
Wilfred King  
Political Advisor

**Make Sure Your Voice Is Heard on the Governance issue**

For more information, please call (toll-free) 1-800-550-1540

## Program Development.....

Sand Point First Nation's Health Department is in the initial stages of developing an (ENA) Elders Needs Assessment. As project progresses, updates will be available.



"We are going to find each other  
We are searching for the right way  
Of living the truth and the peaceful way  
Of harmony with each other and with nature  
We are all part of it, we cannot break away  
from it."

T. Banyacya, Hopi

### Cheery Greetings to All:

My name is Grace. I began my position here on July 3rd, working in the Health Department on a Program Development Initiative. I'm very excited to be part of this very dedicated, professional, hard-working team that shares a common interest of continuously improving and promoting Sand Point First Nation respectfully.

May God bless you all with a wonderful and safe summer.

Sincerely,

Grace T. Podolchuk  
Health Department  
Program Development

### Rob Wesley—Economic Development / LAN (local area network) Administrator

Hello, I'm Rob Wesley, the newest member of the Sand Point First Nation team. I started here on July 6 and my position(s) include Economic Development Assistant and LAN Administrator. My main duties will be assisting Audrey Gilbeau with projects in economic development and as well maintaining our local area (computer) network. My educational background includes diplomas in Network and Internet Systems Specialist, Network Administrator and 26 credits in Chemical Engineering Technology. I will also be developing our web site, so look for that in the coming months at [www.sandpointfn.com](http://www.sandpointfn.com). I would like to thank the Chief and Council for giving me this opportunity. I look forward to the challenges and experience it will offer.

Meegwetch,

Rob Wesley

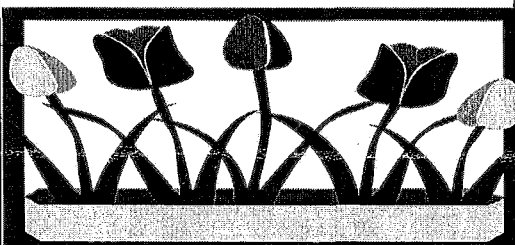
### The Gardener

*She's able to open up the blooms  
Without questioning whether the flower wilts  
The joy of seeing the leaves separate slowly  
To allow the bud to reach up to the sun  
Is enough for her, with no remorse.*

*She tends the soil each year as the leaves fall  
The rain comes with snow just around the bend  
Patiently waiting for the spring winds of change  
Yet she does not rush the process—content to wait.*

*Summer days become filled with the heady aroma  
The sweet wet smells float through the air  
As the blooms reach their fullest  
Never regretting the next season  
That's surely on its way with another equinox.*

August 1989



## Resource Centre

We are pleased to re-announce that our resource centre is open to all members and their families.

The resource centre is equipped with five workstations with all having Internet connection. As well, the staff

is available to assist in job search, resume preparation and information gathering.

The resource centre was made possible thanks to the generous contribution from Industry Canada—Fed Nor.

Proudly sponsored by FedNor and  
Avec le fier appui de FedNor



Industry  
Canada

Industrie  
Canada

Canada



HAPPY BIRTHDAY TO YOU,  
HAPPY BIRTHDAY TO YOU,  
HAPPY BIRTHDAY DEAR...

William Gibson	June 5
Lyle Gladu	June 9
Nathan Koronkiewicz	June 15
June Gladu	June 18
Madeline Legarde	June 23
Amber McGuire	June 23
Albert Gladu	June 27
Andrew McGuire	July 5
Tricia McGuire	July 13
Kaiya Ferguson	July 16
Michael McGuire	July 18
Paul Gladu	July 21
Patrick Kletzel	July 22
Priscilla Marques	July 22
Leroy Clarke	July 29
Victor Esquega	July 31



HAPPY BIRTHDAY TO YOU!

#### Letter of Thanks

May 24, 2001

Dear Chief Paul Gladu,

Recently, my husband was flown to Toronto for two weeks for medical purposes. I would like to take this opportunity to thank the Sand Point Chief and Council for their support during our stay. Your kindness and thoughtfulness is greatly appreciated and will be remembered.

Sincerely,  
Pam Bertin

## Sand Point First Nation Excursion—July 6, 2001

The Sand Point First Nation staff enjoyed a beautiful day out at the Sand Point Park on July 6, 2001. Upon arrival at the park, I was amazed to see how well the park was being maintained.

The Sand Point Park work crew—Dennis Lesperance, Raphael Morriseau, and Peter Gladu are all doing an awesome job of maintaining the park, they work very diligently and the campgrounds are very well taken care of.

A special thanks goes to Elder Madeline McPhee-Lagarde for cooking moose meat stew and baking bannock. The meal was delicious and enjoyed by all.



ABOVE are pictures taken at the Sand Point Park

## Sand Point Park is OPEN



The park is fully operational and open to the general public.

Unfortunately, there is no potable water and a boil water advisory is in effect until further notice.

The beach is unsupervised (no life-guards), and a sign is posted stating "use at own risk".

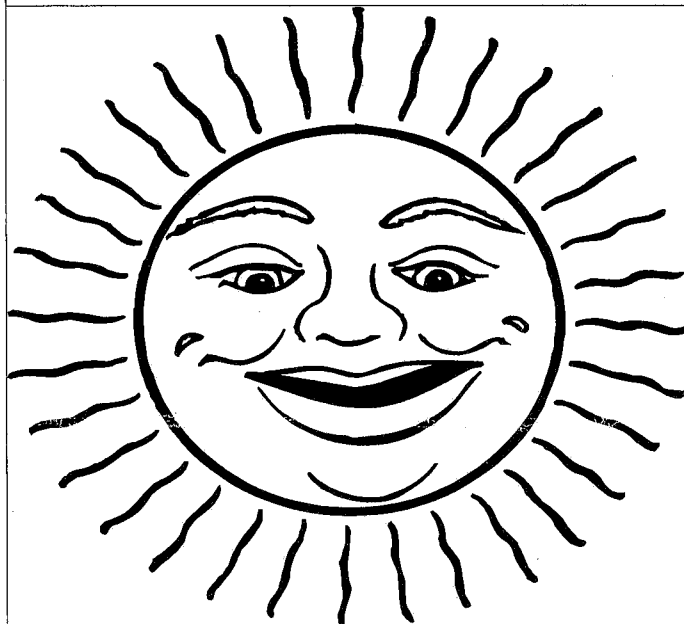
Please feel free to pick a spot for your trailer and/or camp site and the work crew at the park will gladly clear the area you have chosen. A reminder to all who plan to use the park, always be careful with open fires. Make sure they are fully extinguished before leaving camp site.

Go out and enjoy what the park has to offer!

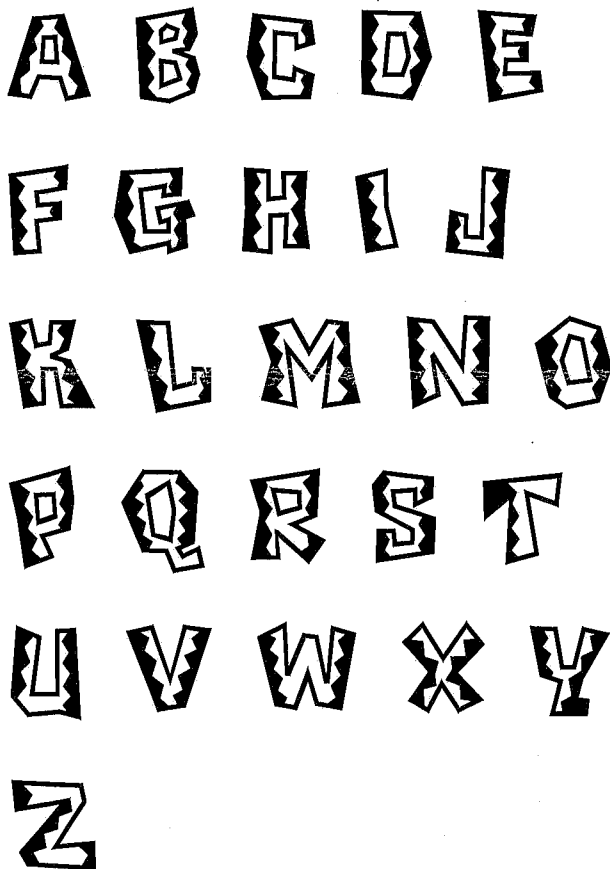
*Always  
be careful  
with open  
fires.*

# Kid's Page

YOU CAN COLOR THIS PICTURE



You can color the Alphabet



## The Wonder Kid

By Pere Robert

It's tough sometimes to be a dad,  
Especially when your kid is bad.  
You wonder why she did what she did  
— And why she's not a wonder kid.

A wonder kid is always good.  
A wonder kid does what she should.  
A wonder kid is never bad.  
A wonder kid makes daddies glad.

She doesn't shout, she doesn't fight,  
She goes to bed on time each night.  
She makes her bed, she eats her peas,  
She always says, "yes, sir" and "please."

She never whines and never mopes.  
She likes to bathe, and uses soap.  
She chews her food, she doesn't slurp,  
And when she's through she doesn't burp.

She wears her mittens when it freezes.  
She's kind to pets and never teases.  
She cares for toys and likes to share them.  
Her clothes get cleaner as she wears them.

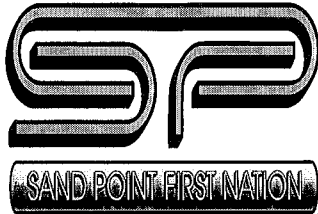
"Did you ever hear of such a kid?"  
I asked my kid, who never did.  
And then, oh boy, was I surprised  
When my little girl apologized:

"I'm sorry for the thing I did.  
I wish I were a wonder kid.  
I wish that I could make you glad.  
I love you so, my wonder Dad."

I hemmed and hawed, I coughed and sputtered,  
The butterflies in my stomach fluttered.  
I'd focused on her faults, but she  
Had only seen the good in me.

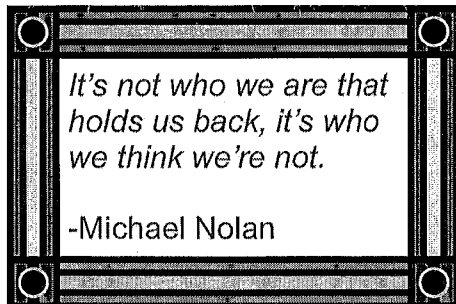
It's tough sometimes to be a kid,  
Especially when Dad blows his lid.  
You wonder how he gets that way,  
And why it takes so long to say:

"I love you too, I'm really glad  
To know you think I'm a wonder dad,  
And I wouldn't change you, not a bit —  
You already are a wonder kid."



**P.O. Box 24021  
215 Red River Road, Suite 200  
Thunder Bay, Ontario  
P7B 1A6**

**Phone: 346-0550  
Fax: 346-0578**



#### **Staff at Sand Point First Nation**

Chief Paul Gladu  
Albert Gladu.....Band Manager  
Phyllis Michon.....Councillor  
Audrey Gilbeau.....Development  
Consultant  
Leona Clarke.....Health and  
Education Dept  
Brenda Huntus.....Finance Officer  
Jessica Clarke.....Finance Clerk  
Grace Podolchuk...Program  
Development  
Katie Borysewicz...Secretary  
Rob Wesley.....LAN  
administrator

Here is a NEW way to make meatloaf:

3/4 lb ground beef	1 tsp Worcestershire sauce
3/4 lb ground pork	2 eggs, slightly beaten
1/2 cup raw long grain rice	1/2 tsp salt
1/2 cup milk	1/2 tsp dry mustard
1/4 cup minced onion	1/4 tsp dried marjoram
2 tbsp ketchup	1/4 tsp dried thyme
1/4 tsp pepper	

In a large bowl, mix all ingredients together until well blended. Pack into a 2 L (9" x 5") loaf pan, cover with foil, and bake at 350 F for 1-1/4 to 1-1/2 hours (removing foil after 30 minutes), or until loaf is well-browned and meat is cooked through with an internal temperature of 106 F. Even when cooked through, meat will still be slightly pink because of the ketchup. Drain off fat, and let the meatloaf rest for 5 minutes before slicing to serve.



### **Introducing...**

The only Group Home & Automobile Insurance Program  
designed exclusively for

## **First Nations People**

Call NOW for a no-obligation quote  
**1-888-335-5502**

Administered by  
**Tribal Custom Insurance Services Inc.**  
(Aboriginal owned)

**"Our Vision— Your Well Being— Our  
Coverage"**

*\*This program is currently available only in Ontario*